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## LETTERS TO THE EDITOR



*[The Editor is not responsible for opinions expressed in this Department.]*

### JOURNALS ON HAND

DEAR EDITOR: We can furnish the following numbers of the JOURNAL to any one wishing to purchase them: Vol. i: 1, 3, 4, 5, 8, 10, 12; vol. ii: 2, 3, 5, 6 to 12; vol. iii, complete; vol. iv, complete; vol. v: 1, 2, 3, 7, 8, 9, 10; vol. vi: 1, 4 through 12; vol. viii, complete; vol. ix, complete; vol. x, complete.

E. O. BOSWALL.

Boston Nurses' Club,  
839 Boylston Street, Boston, Mass.

### SUGGESTIONS FOR "A DIFFICULT CASE"

DEAR EDITOR: In your JOURNAL for September, letter department, "M. N. W." asks for suggestions for a difficult case of neurasthenia. I would suggest, the patient being so fat, that dry massage should be substituted for that with cocoa butter, the latter being very fattening, and oil should never be used for fat cases. Also fat-reducing diet should be given, not potatoes or starchy things, and not much sugar (saccharine, instead, may be given if the patient dislikes food without); not cream, or suet puddings; toast instead of bread, crisp; meat and fish in moderation, green vegetables, acid fruits, and lemon drinks, as sour as the patient will take them; no alcohol. Change of scene and friends much needed; walks, games, and exercises are most important, and very vigorous massage.

A. B.

India.

### A PROTEST

EDITOR THE AMERICAN JOURNAL OF NURSING,

My dear Mrs. Palmer, R.N.:

At November meeting of San Francisco Training School Nurses' Alumnae it was moved, seconded and carried that a protest be sent to the editor of the AMERICAN JOURNAL OF NURSING against article in September number, page 994, headed Change in Pacific Coast Journal, as the former editor, Mrs. Phillips, is a member of our alumnae we consider it a great injustice to her as she reluctantly accepted the editorship the second year after a vote of thanks had been given her for her good work at the Annual Meeting of California State Nurses' Association.

And as stockholders in the JOURNAL we make a protest of the JOURNAL being used to air feelings which is against social and nursing etiquette.

ELIZABETH RYAN, Sec.

[NOTE.—There was no mention of any one individual in our September comment.—ED.]